

## SESSION – 2020-21



### REPORT OF NSS ACTIVITIES OF EXTENSION AND OUTREACH PROGRAMS

- **Name of the Program: DISTRIBUTION OF FACE MUSK**
- **Category of the Program – Health Awareness Program**
- **Date & Time – 24.09.2020, 12.15pm**
- **Venue – Khujutipara Village and Market Area**
- **Duration – 1hrs**
- **No of Teachers/NTS participated – 1**
- **No. of Beneficiaries – 400**
- **Brief Report of the Program:** - In the Covid-19 Pandemic and lockdown period people were locked in their house. The disease was increasing so far. But the needy people had to come out and go to their needy job. They have to take covid-19 protection but many of them had not the fundamental to keep it. For this we the Covid-19 Warriors of Chandidas Mahavidyalaya taken a little initiative to help them to distribute some face musk and sanitizer to being safe. Our warriors distributed more than 400musk to the market people and villagers maintaining the Covid-19 protocol.
- **Outcomes of the Program –**
  - 400 people were directly befitted for this program
  - Students and all villagers aware and concerned about the covid-19 disease.
  - They being conscious how to protect and to be secure from the erosive virus.
  - Students learn practically how to get courage to help the people and community.

*Signature of the Program Officer*

Programme Officer, NSS  
CHANDIDAS MAHAVIDYALAYA  
KHUJUTIPARA, BIRBHUM



## REPORT OF NSS ACTIVITIES OF EXTENSION AND OUTREACH PROGRAMS

### REPORT OF COVID-19 PANDEMIC SITUATION HANDLING

- **Name of the Program:** *Awareness Generate for 'Covid-19' - Online Orientation 2nd phase*
- **Category of the Program –** Health Awareness Program
- **Date & Time –** 29.05.2021, 7.00pm
- **Venue –** Online
- **Duration –** 1hrs
- **No of Teachers/NTS participated –** 2
- **No. of Beneficiaries –** 45
- **Brief Report of the Program:** - In the Covid-19 Pandemic and lockdown period people were locked in their house. This is the 2<sup>nd</sup> time the disease was increasing so highly. The situation was going so critical. Whole world suffering by the disease. Effect is coming in our health, economic and mental. But have to live keep steady for coming situation. We, the NSS warriors have to fight from all situations, so we need to gather more knowledge. For that CM/NSS unit-I organized a orientation program how to fight or being ready for the pandemic. The program was held by online google meet platform.
- **Outcomes of the Program –**
  - All participants gather knowledge about the covid-19 disease.
  - Students have being conscious how to protect and to be secure from the erosive virus.
  - They can give at least the mental support to their nearby society that they are here to help the people and community.

**Signature of the Program Officer**

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KHUJUTIPARA, BIRBHUM



## REPORT OF NSS ACTIVITIES OF EXTENSION AND OUTREACH PROGRAMS

- **Name of the Program:** *Webinar on "International No Tobacco day"*
- **Category of the Program –** Youth Awareness Program
- **Date & Time –** 31.05.2021, 7.00pm
- **Venue –** Online Google meet
- **Duration –** 1hrs
- **No of Teachers/NTS participated –** 5
- **No. of Participants/Beneficiaries –** 100
- **Brief Report of the Program:** - Today is World No Tobacco Day. One of the most deadly diseases of the present century is tobacco addiction. From school going children to old people are addicted to this addiction. This tobacco is not only polluting our society, but its reaction is greater than that it is able to increase cancer germs in the human body. CM NSS Unit – I has organized the webinar to create the awareness to exclude the tobacco use from daily life. This is our special program today for public awareness on this issue. Dr. Sayantan Banerjee, RP of the webinar discussed the cause and cureness and also prevention of the Cancer generating by tobacco. Total 100 participants were joined in that webinar which was full intake of the online platform. We and all participants enjoyed and gathered more knowledge from the topic and learnt how to fight against cancer or tobacco addiction. The program was held by online Google meet platform and was very successful.
- **Outcomes of the Program –**
  - All participants gather more knowledge about the Cancer.
  - Students have being conscious how Tobacco create the cancer or germ in human body.
  - The society will be move with "TOBACCO LESS LIFE".

**Signature of the Program Officer**  
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## Report of Environment Awareness Program

- Name of the Program: "Reformation" on World Environment Day
- Category of the Program – Environment Awareness Program
- Date & Time – 05.06.2021, 11 am
- Venue – Online and Self Home/Residential
- Duration – 1hrs
- No of Teachers/NTS participated – 4
- No. of Participants/Beneficiaries – 37
- Brief Report of the Program: - In the year 2020-21 worldwide there was Covid-19 Pandemic and lockdown situation and people were locked in their house. In that situation World Environment Day has come on 5<sup>th</sup> June 2021 with the theme of 'Reformation'. As we all know that "one tree, one life" with this Moto we have organized a webinar cum Environment Awareness Program on that day. Taking the initiative to plant at least one tree in our own residential area to protect our environment.
- Outcomes of the Program –
  - Our Volunteers and Teachers were participated on that program.
  - Students were aware about our environment and importance of it.
  - Students learn practically how to get courage to help the people and community to protect the environment.



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## REPORT OF NSS ACTIVITIES OF EXTENSION AND OUTREACH PROGRAMS

- Name of the Program: CELEBRATION OF INTERNATIONAL YOGA DAY
- Category of the Program – YOUTH AWARENESS & SKILL DEVELOPMENT PROGRAM
- Date & Time – 21.06.2021, 10.00 am
- Venue – Online Google meet
- Duration – 2hrs
- No of Teachers/NTS participated – 6
- No. of Beneficiaries – 78
- Brief Report of the Program – In the Covid-19 Pandemic and lockdown period people were locked in their house. This is the 2nd time the disease was increasing so highly. The students could not come out from the home. But we have to live and keep steady for coming situation. Chandidas Mahavidyalaya's NSS units have organized a program to celebrate the INTERNATIONAL YOGA DAY on 21<sup>st</sup> June, 2022 'Youth Awareness & Skill Development Program'. This was a National Webinar cum skill development training program for the students. The program was inaugurated by our Principal Dr. Sk Ataur Rahaman Sir with his welcome speech. The Yoga training was given by two RPs who are the faculty of the "Art of Living" institution. The program was very much attractive for the Students. Near about 78 Students were participated in that program.
- Outcomes of the Program -
  - Students are motivated to learn about Mind and Body.
  - Students are emerged by the potentiality and ability within them.
  - The Students got and learnt some Yoga techniques from the RPs and practiced.

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